

## Coaching Clinic – 22<sup>nd</sup> September 2018

As advised in the last Tell tales, there will be an on water coaching clinic on the 22 September 2018.

This will be done initially with 2 to 6 Etchells. Anyone is invited and welcome to come along, especially juniors.

We will be, as part of the process be rotating skippers and crews so as to get both an on the boat - off boat perspective. There will be space on the committee/support boats for anyone interested in attending.

The intent is to do boat on boat speed testing and tuning (not tactical/strategy). This will start at 9am on the hardstand with the first hour being for rig set up and discussion. This will be followed by 2 hours on the water, then back to the yacht club to watch the footy finals and possibly a BBQ.

In the event of inclement weather, we will have a Clinic in the Clubrooms starting at the same time.

Attached is a copy of both North Sails and Doyle Sails Etchell Tuning Guide. I suggest you print off a copy and plastic laminate them so they can be on your boat at all times for general reference. Separately, I suggest you print of a copy of the quick setting guide (one page), laminate it, and tape it the spinnaker box or some place you can quickly reference it. If any boat participating can please have their rigs already set at the base settings of the tuning guide it will help the process.

Please do not hesitate to contact me if you have any questions.

Jeff Rose

Vice Commodore

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